

BE A ROCK STAR

Suggested Musical Score: Rock Star – Hannah Montana

Performing Arts Institutions: Intermediate Tap – ages 8 to 11

Prop – Air Guitar

MUSIC – APPROXIMATE
TIME IN SECONDS

COUNTS

<u>Intro Step</u> -	Dancers are placed randomly on stage right upstage corner. Dancers are grooving to the first 32 cts.	1-32
<u>Step 1</u> -	Dancers now play their air guitar [pretend to play guitar] throughout step 1. Dancers travel from stage right to stage left	
[0.11]	Shuffle R Step R across in front Heel Cramp R Step L 8 & 1 2 3 Shuffle R Step R across in front Heel Cramp R Step L 4 & 5 6 7 Shuffle R Step R across in front Heel Cramp R Step L 8 & 1 2 3 2 Irishes R, L [shuffle hop step] & 4 & 5 & 6 & 7	1-16
	Repeat All – Clap hands on last 8	1-16
<u>Step 2</u> -	Hands behind back for Step 2	
[0.24]	Double Buck (Chug) to R {slide forward on balls of feet and then drop both heels} Jump both feet back Double Buck to L Jump both feet back Hop on L, Shuffle Step R, Shuffle Step L, Shuffle Step R 5 & a 6 & a 7 & a 8	1 2 3 4 5-8
	Repeat Last 8.	1-8
	Bridge- 4 Flap Heels in a circle L, R, L, R	1-8
	Repeat 1 st 8 Counts {Double Buck}	1-8